



9 March 2020

Dear Parent/Carer

Height and weight checks for children in Reception and Year 6.

Every year in England, children in Reception and Year 6 have their height and weight measured as part of the National Child Measurement Programme (NCMP). This year, the Year 6 pupils will be taking part in the programme on Friday 20 March 2020.

The measurements will be carried out by trained school nursing staff, at school, in a private space away from other pupils. The children will be measured fully clothed except for their coats and shoes. Routine data such as your child's name, date of birth, gender, address, postcode and ethnicity will also be collected.

The data from all schools in the area will be gathered together and held securely by your local NHS and local authority. Your child's results will be available 6 weeks after measuring. If you would like to receive your child's results please email SouthSomersetSN@somerset.gov.uk providing the following information: your child's full name, date of birth, school year and school. You will also need to provide your name and telephone number. You can also use this email address to request to speak to a school nurse, in confidence, about your child's height or weight.

Somerset County Council is fully GDPR compliant. This means the information collected from schools will be gathered and held securely by Somerset County Council. Your child's information will be stored on their local child health record, on the child health information database. No individual measurements will be given to school staff or other children, and all information will be treated confidentially.

All the information collected about children is sent to NHS Digital and Public Health England. Both NHS England and Public Health England will use the information from the National Child Measurement Programme to better understand numbers and trends in child weight and body mass index (BMI). This helps with the planning of services to support healthy lifestyles in your local authority. No information that identifies your child will ever be published by NHS Digital or Public Health England.

If you are happy for your child to be measured, you do not need to do anything. Research tells us that most parents and carers have no objection to their child being measured. However, if you do not want your child to participate, please complete and return the form on the reverse of this letter and your child will not be measured.

For further information about the National Child Measurement Programme, including the fact sheet for parents, Change4Life resources and General Data Protection Regulations (GDPR) please go to the Public Health website at: cypsomersethealth.org

Yours sincerely,

Kate Persaud
Deputy Headteacher (On behalf of the Director of SCC Public Health Services)



Fairlands Middle School

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E-Mail: office@fairlandsmiddleschool.co.uk Website: www.fairlandsmiddleschool.co.uk

Headteacher: Stefan McHale
Deputy Headteachers: Helen Heffernan and Kate Persaud
Associate Leaders: Robert Cooling and Matthew Vincent SENDCo

Safeguarding Children is everyone's responsibility.

If you are worried about any child please make an appointment to see either Helen Heffernan, Designated Safeguarding Lead or Robert Cooling, Felicity Grant, Sally Virgin, Designated Safeguarding Deputies
Alternatively, you can phone NPSCC: 0808 800 5000 Somerset Direct: 0300 123 2224

OPTING YOUR CHILD OUT THE NATIONAL CHILD MEASUREMENT PROGRAMME.

Return this form to school by Monday 16 March if you DO NOT want your child to participate.

Opt out slip. Fairlands Middle School

I do not wish my child to be weighed and measured for the National Child Measurement Programme.

Child's name

Tutor group

Reason for opting out (please tick):

- My child has health issues which affect their weight.
- My child is overweight/underweight, and I would prefer they were not measured at school, but I would like some information about healthy weight.
- I do not wish to say.

Any other comments:

Parent/carer name

Signed